

TEAMBUILDING with THEATRE

WORKSHOP OVERVIEW

Ask any actor about creating theatre with others and they will tell you about the bond that develops in any ensemble that they are a part of! Theatre brings people together, reveals and strengthens the dynamics of a group and produces positive relationships between the people creating it.

Based on the first principle of improvisation – saying “Yes, and...” – this 3-hour workshop will encourage participants to say yes to each other’s ideas and to build upon them. Participants will be led through a series of carefully structured drama activities, leading up to the creation of their very own short piece of theatre.

KEY OBJECTIVES

1. Rediscover team relationships through drama games and improvisation
2. Examine group dynamics in a fun, interactive, structured and safe environment
3. Discover new strengths and talents through creating a short piece of theatre together

METHODOLOGY

INTERACTIVE and FUN: This workshop will have you on your feet from the get-go! You will play games and participate in drama activities in the same way that actors do in the rehearsal room.

PLAYFUL and INSIGHTFUL: The workshop will reveal participants’ strengths and natural dispositions in a playful manner.

KEY COMPONENTS

BUILDING ENSEMBLE

- Getting in sync with each other
- Learning about each other

SAYING “YES, AND...”

- Responding to each other’s cues
- Accepting and building on each other’s ideas

CREATING TOGETHER

- Assigning roles based on each person’s strengths
- Working cohesively to create a piece of theatre together

MEET THE TRAINERS

JOANNA PILGRIM

Joanna has been in the theatre industry for over 10 years in London and Asia and is a professional actress, producer and teacher. Joanna's valuable training and experience ensures the highest of quality. She has a B.A. Honours in Performing Arts Drama from Middlesex University.

Theatre: *A Midsummer Night's Dream* (Singapore Repertory Theatre), *Alice In Wonderland* (National Tour, UK), The Royal Shakespeare Company's *A Comedy of Errors* (Queens Coliseum, HK), *Curse Of The Starving Class* (Cockpit Theatre, London), *Cinderella* (Wyvern Theatre, UK), *Into The Woods* (Simmonds Theatre, London), *Rita ,Sue and Bob Too* (Barons Court Theatre, London), *A Celebration Of Ira Gershwin* (Royal Albert Hall, London).

TV: Commercials for MTV Asia and National Health Service (UK), *Soldier Soldier* for Carlton.

Film: *Debbie* in Papcorn by Retro Juice Productions.

DANIEL JENKINS

Daniel grew up in the UK and began acting as a teenager with The National Youth Theatre of Great Britain. He went on to train at the Guildford School of Acting in the UK, where he received the Yvonne Arnaud award for acting. He has an Acting Diploma with GSA, a Licentiate in Drama with the Guildhall School of Music and Drama, and a Bachelor of Arts (Honours) Degree in Theatre.

Theatre: *Quills* (luna-id Theatre Company), *Death and the Maiden* (Escape Theatre), *Cabaret* (Toy Factory Theatre Ensemble), *The Pillowman*, *Defending the Caveman*, *A Midsummer Night's Dream*, *Much Ado About Nothing*, *Macbeth*, *Twelfth Night*, *Othello*, *The Merchant of Venice*, *The Tempest* (SRT), *Members Only* (Sing Theatre), *Animal Farm* (Wild Rice) *The Full Monty*, *Dealers Choice*, *Swimming With Sharks*, *Circle Mirror Transformation*, *Chinglish* (Pangdemonium Productions), *RED* (Blank Space Theatre).

TV: *Love is Love (Sunset)*, *Heartlanders*, *2025*, *Avenue 13*, *Hong Bao and Kisses*, *The School Bell Rings*, *Code of Law*, *Keong Saik Street*, *The Kitchen Musical*, *Dream School*, *Café 13*, *The Garden City Butcher*, *Moon Face*.

Features: *In The Room* (Eric Khoo), *The Faith of Anna Waters* (Kelvin Tong), *Afterimages* (Mythopolis Pictures), *The Genius of Beauty* (Imagical Arts), *Robotropolis* (Boku Films).

Directing: *The Caucasian Chalk Circle*, *The Laramie Project*, *The Trojan Women*, *Lord of the Flies*, *Grimm Tales*, *The Crucible* (SRT The Young Company), *The Tale of the Frog Prince*, *The Cat in the Hat*, *Upstairs in the Sky*, *The Ugly Duckling* (SRT The Little Company), *Hello Adam*, *The Magic Jungle*, *Bunny Finds The Right Stuff* (Esplanade PlayTime).

Awards: Daniel has been nominated 6 times for both Best Actor and Best Supporting Actor at the Straits Times Life Theatre Awards. He has won the Best Supporting Actor Award twice for his roles in *Quills*, and *Cabaret*.